

KELBURN NORMAL SCHOOL NEWSLETTER

NGĀ TĀTARAKIHI O AHUMAIRANGI PĀNUI

THE BIRD'S EYE VIEW ISSUE 22 WEEK 2, TERM 3 2023

RĀHINA 21 PIPIRI MONDAY 21 JULY



Where students learn creatively and strive for excellence in preparing for lifelong learning
Kia auaha te ako a ngā ākongā me te whai i te iti kahurangi mō te akoranga tūroa

This week we have school photos:

Wednesday 26 July - Matariki Community Celebration from 5.30 pm to 7 pm

Thursday 27 July - Māia - WC and WGC Primary School Music Showcase @ WC, 9.30 am to 12.30 pm

Friday 28 July - Student Council Fundraiser - Red Nose Day for Cure Kids gold coin donation

Kia ora koutou,

Welcome to Ferne K in Tupu Miller

School Photos are scheduled this week. To place an order, follow the [link](#).

Matariki Community Celebration - On Wednesday evening we get together as a community to celebrate Matariki. We will start the celebration with kapa haka performing at 5.30 and finishing around 7pm with Lyrica. Our wonderful PTA will be providing food so please connect with them if you can help out in any way. [Click here to sign up to help.](#) The student council will be running a lolly and popcorn stall for fundraising.

Red Nose Day for Cure Kids - On Friday 28th July, our School Council are holding a Red Nose Day fundraiser. The theme is **RED**, and students are encouraged to incorporate the colour any way they like (Please note that we also have school photos that day, so dressing in red would be more appropriate than turning up with a red nose!). Please send along a gold coin donation so that we can contribute to Cure Kids. Red Nose Day is Cure Kids' biggest annual fundraising appeal. The money raised supports world-class child health research to improve, extend and save the lives of children living with serious, life-limiting health conditions. Some of the child health conditions funded include childhood cancers, inherited heart conditions, epilepsy, infectious diseases, cystic fibrosis, sudden unexpected death in infants (SUDI), stillbirth, burns as well as child and adolescent mental health – and many, many other areas. We encourage you to support Red Nose Day by participating in our fundraiser and supporting Big Research for Little Lives! Kelly Club are also holding a bake sale to raise funds for the red nose appeal.



Rakau project - Last week it was all hands on deck as Emma Murdoch led the way as we added 100 rakau to our collection of resources for our Te Kapa Haka o Ngā Tātarakihi o Ahumairangi. Starting with a 100 pieces of dowel, and painted with aroha (love) and meticulous mahi (work), we now have a set of rakau for future generations of tamariki. We will see these rakau at Matariki.

Māia visiting WC for a music showcase on Thursday - with our strengths in the arts we celebrate the opportunity for our Māia students to attend a musical showcase at Wellington College this Thursday. This has been developed through our Kahui Ako connections. The Arts make a powerful contribution to our wider community and we encourage our tamariki to continue their involvement after they leave Kelburn.

Kapa Haka out next Thursday - The hard mahi of Te Kapa Haka o Ngā Tātarakihi o Ahumairangi is on show next Thursday at our local festival at Wellington College. This is part of our Kahui Ako and connects the primary kapa haka with the secondary kapa haka rōpu of Wellington College and Wellington Girls.

100 Days of School - Our older tamariki and their whānau know about this celebration in Tupu and this week we reach the 100 day mark for 2023. Tupu tamariki have a big week ahead as they celebrate their progress as ākonga (pupils) at Kelburn Normal School in 2023.

Next week - Book Week - It is Book Week next week at Kelburn and we will have lots of activities across the week for tamariki to engage in to both support and promote literacy. Of course this all leads to our famous Book Character parade next Friday at 9.30 and we encourage all tamariki to dress up as their favourite book character.

Reminder - Upcoming Health Curriculum Hui - In week 4 (Wednesday August 9th at 5.30pm) we encourage all whānau to join us for our next curriculum hui sharing. We will be sharing how each team manages our Health and Wellbeing programmes and for year 5-8 sharing information about the Navigating the Journey programme.

As always we welcome your connection with staff to discuss your child's progress. Please connect with your child's teacher if you need to know anything or check in about how they are getting on at school.

Ngā manaakitanga,
Andrew

Matariki Whānau Celebration

Wednesday 26 July, 5.30 - 7.00 pm

A wonderful chance for our KNS community to come together and celebrate Matariki, the Māori New Year. There will be performances by Kapa Haka and Lyrica, plenty of fun activities for tamariki, and the PTA will sell BBQ sausages and brownies.

The PTA require **volunteers** to

- help on the evening to set up and/or sell food at the stalls.

Please sign up on the **Volunteer Sheet** ([LINK HERE](#))

Food tickets (\$2.50 each) will be available to buy on the evening (Eftpos and cash). You can use the tickets to buy your food and drink.

- BBQ Sausage in bread 1 ticket
- Brownie 1 ticket
- Soft drink 1 ticket

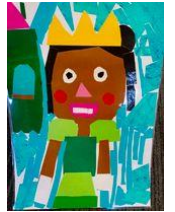
What's been happening in the Tupu team.



Tupu Brown has been investigating shapes and the attributes that make each shape unique. Here we are working with our class buddies to create circles and squares. We also tried to trick each other by drawing a shape on their back for them to guess. There was a lot of giggling.



Tupu Wilby put an arty twist on our geometry learning with some stunning Fairytale self-portraits. We explored using a range of 2D shapes to represent different body parts, and then cut, stuck and repeated to create our Fairytale representations of ourselves. See if you can guess which Fairytale character (or characters) may have inspired our self-portraits. We are looking forward to further exploring the world of Fairytales this term and to putting our own spin on the stories.



Tupu Molloy has launched into Fairytales by exploring Goldilocks and the Three Bears through our literacy programme using fun drama activities. We have been doing warm ups like the 'Two-headed Monster Dance' which helps us to energise and work as a team. Together, we have been working on moving our bodies in different ways to explore characters and settings. We all had a chance to sit in the 'hot seat' and pretend to be Goldilocks while our group asked us questions about ourselves and we replied in character.



Tupu Miller we have been learning about a range of shapes and their properties. We have designed our own geometry art by making shape pictures by tracing the shapes onto paper and then colouring them.



Tupu Brown rediscovered Little Red Riding Hood by turning ourselves into the wolf. Here are some of our stories to capture the drama of being the wolf.

Matilda- I am the pet wolf eating dog food and going to the wolf preschool.

Weichen-I am a very scary wolf. Children are scared of me. I chase children to the wood. They run away to the playground to be safe.

Harriet- I am the white wolf wearing a bikini and earrings. I go to school and I like to drink milk.

Oscar-I am the wolf eating Miss Brown. I love her. Mmmm what is that smell? It might be a goat.



What an action packed term of discoveries we have ahead of us.

Looking Ahead - Event Dates - Term 3

You can see the times and add these events to your calendar by using the KNS App

Week	Date	Event
Week 2	School Photos	School Photos all week - To place an order, follow the link Monday -- Tupu Miller, Whanake Harper, Whānui Rasmussen and Māia Button, Netball Teams Tuesday - Tupu Brown and Tupu Molloy, Whānui Murdoch and Māia Munn, Orchestra, Little Xylofun and Xylobeats Wednesday - Kapa Haka, Lyrica, Piccolo, Tui Choir, Road Patrol, Y8 Leavers, Student Council, Librarians and Tech Team Thursday - Tupu Wilby, Whanake Blair, Whānui Chambers Friday - Whanake Bishop, Rock Bands
	Wednesday 26 July	Matariki community evening 5.30-7pm
	Thursday 27 July	Māia - WC and WGC Primary School Music Showcase @ WC, 9.30 am to 12.30 pm
	Friday 28 July	Student Council Fundraiser - Red Nose Day for Cure Kids gold coin donation
Week 3	Monday 31 July	Board of Trustees meeting @ 6.30 pm in the Staffroom
	Thursday 3 August	Whanaungatanga Festival - Senior Kapa Haka @ WC
	Friday 4 August	Book Character Parade, 9.30 am to 10.30 am
Week 4	Tuesday 8 August	Whānui Te papa - Te Paewai Pacific Navigation & Voyaging 9.30 am - 2.30 pm
	Wednesday 9 August	Health Curriculum Hui 5.30 pm - 6:30 pm
	Thursday 10 August	Whānui - Books Alive - National Library 9 am to 12.00 pm
Week 5	Tuesday 15 August	WZ Netball Hataitai Netball Courts 9.30 am to 2.45 pm
	Thursday 17 August	PP WZ Netball Hataitai Netball Courts 9.30 am to 2.45 pm
	Friday 18 August	School Hui hosted by Tupu at 10.15 am to 11 am
Week 6	Wednesday 23 August	Orchestra Concert Festival - Scots College 2 pm to 2.45 pm. All welcome
	Friday 25 August	Music Assembly 9.30 am to 11 am Last day for collaborative can collection for City Mission
Week 8	Tuesday 5 September	Y5-8 WZ Miniball @ ASB Stadium 9 am to 1.30 pm
	Friday 8 September	School hui hosted by Whānui + Kapa Haka @ 10.15 am to 11 am
Week 9	Monday 11 September	Board of Trustees Meeting @ 6.30 pm - 8:30 pm
	Thursday 14 September	Māia Play Performance at Gryphon Theatre 5 pm to 8 pm
Week 10	Thursday 21 September	School hui hosted by Whanake @ 10.15 am to 11 am
	Friday 22 September	School Closed for Teacher Only Day

Looking Ahead - Event Dates - Term 4

You can see the times and add these events to your calendar by using the KNS App

Week	Date	Event
Week 8	Tuesday 28 November	Musical Refreshment @ St Andrew's on the Terrace

School Notices

Headlice - We have had a report of head lice from the Tupu syndicate. Please check your child's hair regularly over the next two weeks and treat it if required. Please refer to the Regional Public Health information sheet for recommended treatment.

KNS Parent Chat WhatsApp Group

The PTA has a WhatsApp group to enable all the KNS community to communicate with each other about all things KNS. If you want to join this group, please email us on pta@kelburnnormal.school.nz with the following information:

- Your name
- Your phone number
- Your child's name and class

Wellington College Enrolments 2024 <https://www.wellington-college.school.nz/enrolment/>

2023 Key Dates for Enrolments for Year 9 2024

Wellington College is able to receive in-zone applications at any time during the year prior to enrolment, but preferably by the closing date for the ballot to allow planning for out-of-zone numbers. However, out-of-zone applications must be submitted by Monday 24 July 2023.

Monday 24 July 2023 Closing date for the out of zone Ballot

Thursday 23 November Year 9 2024 Induction Day

There is no parking at Wellington College

WGC Digital Flyer - [follow the link](#) for enrolment details.

Masks - Tamariki are welcome to wear a mask at school if they wish to and it makes them feel safe.

School App - Contact Details

Please check your contact details on the school app to ensure we have the correct details. If changes are needed please email these to admin@kelburnnormal.school.nz

Teacher Messages - a sort option has been added to the teacher messages section on the school app so parents can easily search for the latest message in date order.

Downloading the app - for those needing assistance with downloading the app please check the app [login video](#) on our website for parents

EzLunch Menu - Subway Wednesday / Pizza Thursday / Sushi Friday [Click here for the Menu](#)

Support your tamariki social and emotional learning

WAYS TO HELP YOUR PERFECTIONIST CHILD WORRY LESS

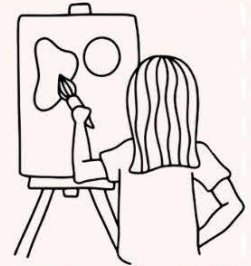
AN EXCELLENCE-SEEKER...

- ★ has a GROWTH mindset
- ★ is intrinsically motivated
- ★ focuses on learning

VS.

A PERFECTIONIST

- ◆ has a FIXED mindset
- ◆ avoids judgement
- ◆ focuses on mistakes



1 ENCOURAGE HIGH STANDARDS, NOT PERFECTION

- ◆ Avoid using the word “perfect.”
- ◆ Help your child set goals and standards that are reachable with effort.

2 TEACH YOUR CHILD “THE POWER OF YET”

Add “YET” to your child’s “I can’t” statements using this three step strategy:

ASK THEM TO
CREATE A DRAFT



ACKNOWLEDGE WHAT
THEY DID WELL



PROVIDE SPECIFIC FEEDBACK
FOR IMPROVEMENT

3 BE AN EXAMPLE OF SOMEONE WHO’S NOT PERFECT

- ◆ Model imperfection by sharing YOUR mistakes.
- ◆ Ask your child for ADVICE when you experience a setback or a struggle.

4 EMPHASIZE THE FUN

- ◆ Highlight enjoyment and learning when you question and praise your child.
- ◆ Ask, “What fun things did you do today?”

5 RECOGNIZE NEGATIVE THOUGHTS

- ◆ Use the “balloon technique” to teach your child to let go of self-critical thoughts.
- ◆ Play the Five Senses Game to combat anxiety and feelings of doubt and blame.

Kelly Club - Changes to Childcare Assistance - check if you qualify!

More families will now qualify for Childcare Assistance and the rate will increase for those already qualified, which means you may be eligible for assistance to send your child to Kelly Club. Please follow this link to find out more:

https://drive.google.com/file/d/1EgHRGbeAEvTHYilaBHp7uauZzw_mwIJA/view

Kelly Club - Check us out on Facebook - [Click Here](#)

For enrolments and enquiries, contact the Supervisor on 021 744636 or kelburnnormal@kellyclub.co.nz

Kelly Club Programmes focus on giving children aged between 5 and 13 the opportunity to do things they enjoy in a safe, supportive, and encouraging environment.

Kelburn to Enrol go to www.kellyclub.co.nz

		TERM 3 2023 17 July - 22 September	Weekly Theme Planner Kelly Club Kelburn Normal
Wk 1 17 July	The Haunted Hall		The ghost is on the loose! Help us catch him before things get silly and spooky!
Wk 2 24 July	Red Nose Week		Join us in supporting healthier children, with brighter futures, this Red Nose Day!
Wk 3 31 July	Staff Choice		It's up to the Staff what we do at Kelly Club this week!
Wk 4 7 Aug	Kelburn vs West Park!		Join us in KB vs WP for the battle between the centres! Have you got what it takes!?
Wk 5 14 Aug	Sail the Seven Seas		Arrrrg! Join our pirate crew as we sail the seven seas and find all the treasure!
Wk 6 21 Aug	Out of this World!		We're throwing on our space suits and getting ready to see space!
Wk 7 28 Aug	Kids Choice		It's up to you what we do at Kelly Club this week.
Wk 8 4 Sept	Sports Mania		Get ready as we get excited to celebrate all things sports! Soccer and cricket galore!
Wk 9 11 Sept	Te Wiki o Te Reo Māori		Join us this week as we celebrate Te Wiki o te Reo Māori! Let's make the Māori language strong!
Wk 10 18 Sept	Rewards Week!		It's rewards week! The most well behaved kids of the term get to choose what we do!

E: kelburnnormal@kellyclub.co.nz

P: 021 744 636

Community Notices

Sparkle Fitness Classes for Term 3:

"Looking for a local exercise option to keep you motivated through the winter? Sparkle Together with Sparkle Fitness! Come and join my women's group fitness classes at St Ninian's Church.

These are 30min express classes where you work at your individual effort and pace. They are perfect for all fitness levels and a great entry back into exercise. I also have a special Strong Mums class on Thursday evenings - strength for mums who want to run.

At the start of Term 3 I have very limited \$10 trial spots in my classes. Pay \$10 to try a class without committing to the full term and see how you like it!

For more information contact Sierra on 021 258 9445 or go to this link - <https://sparklefit.ptminder.com> (one trial booking per person please)"

If your child loves doing cartwheels, handstands, trampolining, flips, dancing, or parkour, then they will thrive at Bigair Gym!

Bigair Gym classes are excellent for fun, focus and fitness! Children learn new skills and develop personal confidence and self-achievement! Strong focus is given to safety and technique, ranging from fundamentals to advanced skills.

The structured classes follow a Bigair Badge Programme, which creates focused learning, and allows children to achieve and feel personal progression! Bigair classes include **GYMNASTICS, TRAMPOLINING, TUMBLING, FREE RUNNING** (thats parkour with flips) & **CHEERLEADING!** Inquire about Bigair **BIRTHDAY PARTIES** too! Booking online is easy at www.bigairgym.co.nz.

Bigair Gymsports Kapiti ph. 297 0400 e. kapiti@bigairgym.co.nz

Bigair Gym Owhiro Bay ph. 383 8779 e. wgt@bigairgym.co.nz

Bigair Gym Tawa ph. 232 3508 e. office@bigairgym.co.nz