

KELBURN NORMAL SCHOOL NEWSLETTER

NGĀ TĀTARAKIHI O AHUMAIRANGI PĀNUI

THE BIRD'S EYE VIEW ISSUE 17 WEEK 7, TERM 2 2023

RĀTU 6 PIPIRI TUESDAY 6 JUNE



Where students learn creatively and strive for excellence in preparing for lifelong learning
Kia auaha te ako a ngā ākongā me te whai i te iti kahurangi mō te akoranga tūroa

This week we have:

Thursday 8 June - Whanake - Ākau Tangi Sports Centre 10:40 am - 2:40 pm, Tupu Molloy - Y1s only, Tupu, Brown and Tupu Miller - Better Start Literacy Approach hui in Tupu Space at 5.30pm

Friday 9 June - School Assembly host - Māia - 10.15am - 11am

Kia ora koutou,

Into week 7 we go...

Literacy evenings - we were proud to share with whānau last week about how we do literacy at Kelburn - multiple literacies including reading, writing, speaking, and listening. Each ara presented to whānau how a day in literacy works at school. It is quite an art form to connect teaching to learning, and indeed, managing the many different levels and interests that our children have. We also talked about the multiple literacies and dramas that support our pedagogy which help tamariki achieve the excellent results they earn. This week's Spotlight below focuses on the importance of the role that Whānau can play at home to support the development of essential literacy skills.

Kahui Ako day - last Friday, Kelburn hosted 150 local teachers as we engaged in professional learning specifically focused on writing skills. It was a useful day, and lovely to host teachers who very much enjoyed our learning spaces. We began with a mihi whakatau involving some of our kapa haka and Jason and Marama, and then heard from a variety of speakers from our local schools, including Serena from Wellington College. It was a useful day to share and hear about different practices in teaching writing.

Thank you for your support for the Paid Union meeting last week. This was much appreciated.

BSLA Information - This Thursday at 5.30pm for year 1 students only. Tupu will hold a whānau information evening for the Better Start Literacy Approach programme that operates in the junior school.

Western Zone Cross Country Results - Last Tuesday, in the wet, our cross country team competed against the best of our local schools and ran their hearts out. Congratulations to Paddy (4th), Greer (10th) and Max (10th), who qualified for the inter-zones.

School hui - This Friday, Māia are hosting our school hui at 10:15am.

DOC Edge - We continue our arts opportunities next with Whānui and Māia attending the DocEdge festival next Tuesday at the Roxy cinema.

Drama sharing - Both Whanake and Whānui ara are preparing for their drama sharing. The hall is busy as scripts are being written, and tamariki learn techniques to transform a story into a visual representation of a

narrative. Exciting times ahead and hard work! Whanake are sharing their plays in week 9 and Whānui in week 10.

Celebration of Learning - In week 10, on Wednesday, 28 June, from 3.15 to 5.30pm, the tamariki will invite you into the learning spaces to share the work they have completed so far from the first half-year efforts. It's always lovely to take the time to go through the books and hear the student's voice as to what each learning experience was about in context.

Our Kahui Ako has the Whānau evening coming up on Wednesday 12 June at 7pm. - We continue our series of annual parenting evenings for whānau, and this year we host Joseph Driesson at Alan Gibbs Centre at Wellington College on Wednesday, 14th June from 7 pm to 8.30 pm. These have been very well received and Joseph's talk aims to leave parents feeling empowered as the best parents they can be! Topics Joseph will cover: Boundaries and routines in the home; 'Balanced' parenting; Role of social media in a balanced life; Working positively with the school.

As we are now officially in winter and the weather is turning, please make sure that tamariki are dressed for the elements outside. The build is set for 18-20 degrees inside, but outside is much less. Please make sure they have warm clothes for outside play.

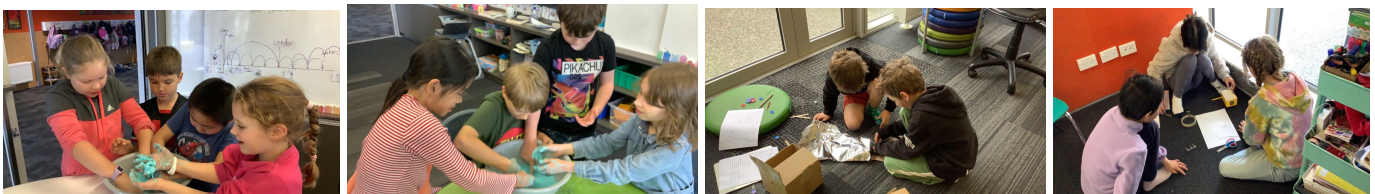
Ngā manaakitanga,
Andrew

What's been happening in the Whanake team?

We have been enjoying exploring our drama context, 'How Maui brought fire to the world', and are particularly taken by the character of Mahuika (atua of fire). This has led to some expressive character descriptions in our writing programme. We have been considering the different facets of character (physical looks, behaviour and personality), and how we can use different language features to describe and elaborate these.

In Maths, we have been exploring a range of addition and subtraction strategies, focusing on both building our skills and strategy kete, alongside our ability to reason and explain our mathematical thinking. Often this looks like rich learning opportunities, such as open-ended questions, or 'low floor, high ceiling' tasks, as well as targeted group teaching.

Science week was a highlight for many tamariki, as we observed and tested the nature of oobleck, using this as the context for a technology challenge. It was great to see our Whanake values shine through as the children worked cooperatively to complete this challenge.



Later this term, we have the opportunity to spend two days at the Akau Tangi sports centre, where we will be developing our ball skills, gymnastics abilities, and playing futsal. We have heard positive feedback about these sports days, and are looking forward to our turn.

Looking Ahead - Event Dates - Term 2

You can see the times and add these events to your calendar by using the KNS App

Week	Date	Event
Week 7	Monday 5 June	SCHOOL CLOSED - King's Birthday
	Thursday 8 June	Whanake - Ākau Tangi Sports Centre 10:40 am - 2:40 pm Tupu Molloy - Y1s only, Tupu, Brown and Tupu Miller - Better Start Literacy Approach hui in Tupu Space at 5.30 pm
	Friday 9 June	School Assembly host - Māia - 10.15am - 11am
Week 8	Monday 12 June	Immunisation Y7 Boostrix and Y7 Y8 Gardasil 9am - 11am Wellington College Open Day for Year 9 - 9:00am Wellington High School's Open Evening 2023 4:30pm - 6:00pm
	Tuesday 13 June	DocEdge Film - Māia @ 9am, Whānui @ 11.40 am Wellington College Open Day for Year 9 - 9:00am
	Wednesday 14 June	Whānui - Ākau Tangi Sports Centre 10:40 am - 2:40 pm Parent hui - Joseph Driesson in the Alan Gibbs Centre at Wellington College @ 7.00 pm - 8.30pm
	Thursday 15 June	Whanake - Ākau Tangi Sports Centre 10:40 am - 2:40 pm Vision and Hearing Test for New Entrants and Y7s Wellington Girls College Open Day - Sessions: 9am, 10am & 11am Tupu Molloy - Y2s only, Tupu Wilby - Better Start Literacy Approach hui in Tupu Space Onslow College Open Evening 5pm - 7.30 pm
	Friday 16 June	School Assembly hosted by Tupu 10:15am - 11am
Week 9	Monday 19 June	Board Meeting 6:30pm - 8:30pm
	Wednesday 21 June	Bishop Whanake Play @ 12 pm - 1 pm Blair Whanake Play @ 2 pm - 3pm
	Thursday 22 June	Harper Whanake Play @ 2pm - 3pm
	Friday 23 June	Musical Assembly and Kapa Haka 9am to 10.30 am
Week 10	Wednesday 28 June	Celebration of Learning 3:15pm - 5:30pm Whānui Plays 5.30 pm - 7 pm
Term 4 Week 8	Tuesday 28 November	Musical Refreshment @ St Andrew's on the Terrace



SPOTLIGHT ON WHĀNAU SUPPORTING TAMARIKI WITH LITERACY DEVELOPMENT @ KELBURN

Parents play a crucial role in a child's reading and writing development. At school, the tamariki share their teacher with 20-25 others. At home, they can access 1-1 attention. Whānau involvement and support can significantly impact a child's literacy skills and overall academic success. I do encourage whānau to regularly visit the local library to gather material to read and browse. Here are some common reasons that research has identified as to why whānau are important in fostering children's reading and writing abilities:

The Early Years: Parents are a child's first teachers and have the opportunity to lay the foundation for reading and writing skills from an early age. By reading to their children and providing exposure to written language, parents can help develop important pre-literacy skills, such as phonemic awareness, vocabulary, and comprehension.

Acquiring language : Through everyday conversations, storytelling, and reading aloud, parents expose children to a rich and varied vocabulary, sentence structures, and language patterns. Children learn language by imitating and interacting with their parents. This exposure supports the development of strong language skills that are essential for reading and writing proficiency.

Role Models: When parents model reading and writing behaviour, children are more likely to see reading and writing as a valuable and enjoyable activity. By demonstrating their own reading and writing habits, parents show children that literacy is a lifelong pursuit and an important source of knowledge and entertainment. This can motivate children to become avid readers themselves.

The Home : Creating a literacy-rich home environment is crucial for promoting reading and writing skills. Parents can provide access to a wide range of age-appropriate books, newspapers, magazines, and writing materials. Having a designated reading area, establishing regular reading routines, and encouraging independent reading all contribute to a positive reading culture at home.

Engagement: Parents can actively engage with their children during reading and writing activities. They can ask open-ended questions about the story or text, discuss characters and themes, and encourage critical thinking. Similarly, involving children in writing tasks, such as making shopping lists, writing letters, or creating stories, fosters their creativity, communication skills, and confidence in their writing abilities.

Specific Support: Parents can offer individualised support tailored to their child's reading and writing needs. They can identify areas where their child may need additional help or practise and provide guidance accordingly. This might involve helping with decoding unfamiliar words, assisting in comprehension strategies, or offering constructive feedback on writing assignments.

Building a Love for Reading and Writing: Parents can instil a love for reading and writing by making these activities enjoyable and meaningful. By choosing books that align with their child's interests and providing opportunities for writing about topics they care about, parents can help children develop a positive attitude towards reading and writing. Celebrating their achievements and showcasing their work further reinforces their motivation and self-esteem.

Whānau play a fundamental role in nurturing their child's reading and writing skills. By fostering a supportive and engaging environment, providing opportunities for practice and exploration, and being positive role models, whānau can significantly impact their child's literacy development and set them on a path towards lifelong learning and success.

School Notices



TE KĀHUI AKO O TE WHANGANUI-A-TARA

PRESENTS

Joseph Driessen

BECOMING THE BEST PARENT YOU CAN BE

WEDNESDAY 14TH JUNE, 2023

ALAN GIBBS CENTRE, WELLINGTON COLLEGE (PARKING LIMITED)

7 - 8.30PM

JOSEPH DRIESSEN IS A LEADING INTERNATIONAL EDUCATOR BASED IN NEW ZEALAND. WITH OVER 35 YEARS OF EXPERIENCE IN TEACHING, RESEARCH AND EDUCATIONAL MANAGEMENT BEHIND HIM, HE HAS BEEN RUNNING AN INFLUENTIAL INTERNATIONAL EDUCATION CONSULTANCY "EDUCATION ANSWERS" FOR THE LAST 15 YEARS. JOSEPH IS A REGULAR SPEAKER AT NATIONAL AND INTERNATIONAL EDUCATION CONFERENCES, AND GIVES WORLDWIDE WORKSHOPS AND SEMINARS TO TEACHERS, PARENTS AND SCHOOL BOARDS. HE IS A REGULAR PARENTING COMMENTATOR ON RADIO AND TELEVISION.



Topics to be covered:

- The importance of the parent relationship
- "Balanced" parenting
- Boundaries and routines in the home
- Young people's mental health and the role of social media in a balanced life
- Practical tips for managing difficulties
- Empowering parents to be the best parents they can be!

FREE event but please RSVP:

<https://www.eventbrite.com/e/joseph-driessen-becoming-the-best-parent-you-can-be-tickets-640993277147>

Due to Industrial Action Wellington College Open Mornings have changed to the following days:

Monday 12 June 2023 – at 9.00 am

Tuesday 13 June 2023 – 9.00 am

Unfortunately, there will be no parking available at the College.

Wellington College Enrolments 2024 <https://www.wellington-college.school.nz/enrolment/>

2023 Key Dates for Enrolments for Year 9 2024

Wellington College is able to receive in-zone applications at any time during the year prior to enrolment, but preferably by the closing date for the ballot to allow planning for out-of-zone numbers. However, out-of-zone applications must be submitted by Monday 24 July 2023.

Monday 24 July 2023 Closing date for the out of zone Ballot

Monday 12 June 2023 Open Day for Year 9, 2024 at 9.00am

Tuesday 13 June 2023 Open Day for Year 9, 2024 at 9.00am,

Thursday 23 November Year 9 2024 Induction Day

There is no parking at Wellington College

WGC Digital Flyer - [follow the link](#) for enrolment details.



Wellington High Open Evening 2023

Monday 12 June
4:30pm – 5:45pm
or 6pm – 7:15pm



**Book by scanning this
QR code or visiting:**
www.trybooking.co.nz/NTS

You and your whānau are warmly invited to attend Wellington High School's Open Evening.

This is a ticketed event and pre-booking is essential.

For details, please visit www.whs.school.nz/open-evening.

School tours at 4:30pm and 6pm, followed by the Principal's address.

Information packs will be available.

249 Taranaki Street Wellington 6011 | www.whs.school.nz | admin@whs.school.nz

Masks - Tamariki are welcome to wear a mask at school if they wish to and it makes them feel safe.

School App - Contact Details

Please check your contact details on the school app to ensure we have the correct details. If changes are needed please email these to admin@kelburnormal.school.nz

Teacher Messages - a sort option has been added to the teacher messages section on the school app so parents can easily search for the latest message in date order.

Downloading the app - for those needing assistance with downloading the app please check the app [login video](#) on our website for parents

EzLunch Menu - Subway Wednesday / Pizza Thursday / Sushi Friday [Click here for the Menu](#)

Support your tamariki social and emotional learning

FIVE RITUALS FOR A POSITIVE MORNING ROUTINE

Every morning is your opportunity to wire your child's brain for gratitude, optimism, and self-love. Use your mornings to help your child develop the mindset of gratitude, self-love, and growth.



EVERYONE TALKS ABOUT THEIR **ROSE-THORN-BUD**:

- ◆ **Rose:** something that is going well for you
- ◆ **Thorn:** something that isn't going well or is worrying you
- ◆ **Bud:** something you feel grateful for



EVERYONE ANSWERS A **GOOD MORNING QUESTION**:

- ◆ "What are you most excited about today?"
- ◆ "What is one intention you have for today?"



EVERYONE **DESCRIBES HOW THEY'RE FEELING**:

"Right now I'm feeling...
Today I want to feel..."
(use a feeling word, type of weather, or color)



EVERYONE SAYS AN **AFFIRMATION FOR SELF-LOVE**:

Hand on heart & repeat an affirmation together:

- ◆ It's ok to make mistakes.
- ◆ I deserve love like anyone else.
- ◆ I love and accept myself just as I am.



EVERYONE **GIVES THANKS TO OR COMPLIMENTS SOMEONE**:

- ◆ "I want to thank Dad for helping me out last night."
- ◆ "Thank you for pouring juice for your sister."
- ◆ "I want to compliment you on your great idea yesterday."

Kelly Club - Changes to Childcare Assistance - check if you qualify!

More families will now qualify for Childcare Assistance and the rate will increase for those already qualified, which means you may be eligible for assistance to send your child to Kelly Club. Please follow this link to find out more:

https://drive.google.com/file/d/1EgHRGbeAEvTHYilaBHp7uauZzw_mwIJA/view

Kelly Club - Check us out on Facebook - [Click Here](#)

For enrolments and enquiries, contact the Supervisor on 021 744636 or kelburnnormal@kellyclub.co.nz

Kelly Club Programmes focus on giving children aged between 5 and 13 the opportunity to do things they enjoy in a safe, supportive, and encouraging environment.

Kelburn to Enrol go to www.kellyclub.co.nz

 KELLY CLUB		TERM 2 2023 24 April - 30 June	Weekly Theme Planner Kelly Club Kelburn Normal
Wk 1 24 April	KC's Got Talent!		Kelly Club is your team! Let's work together and see what we can achieve!
Wk 2 1 May	Welcome to the Jungle		There are so many marvelous things in the jungle. Let's take a trek and see what we find.
Wk 3 8 May	Staff Choice		Get excited for some mad cool activities that the staff have planned!
Wk 4 15 May	Follow the Yellow Brick Road		We're off to see the wizard! We can't wait to visit emerald city this week with all our friends
Wk 5 22 May	Kid's Choice		It's up to the kid's to choose what we do at Kelly Club this week.
Wk 6 29 May	Crazy Fun Art		We're going CRAAAZY this week! Let's make the silliest art we can think of!
Wk 7 5 June	Royal Rampage		You are a royal for the week! What is your first decree?
Wk 8 12 June	Let's 'A'Go		Are you ready to race down Rainbow Road? We can't WAIT for a super cool week!
Wk 9 19 June	Movin' & Groovin'		Poppin' and lockin'. We are going to get our bodies movin' and groovin' this week.
Wk 10 26 June	Rewards Week		This week is up to YOU! Get ready to celebrate our incredible behavior from this term!



Website: kellyclub.co.nz/kelburn-normal
 Contact: Mercy Wilkins
 Email: kelburnnormal@kellyclub.co.nz
 Phone: 021 744 636
 Facebook: @KellyClubKelburnNormal
 Address: 16 Kowhai Road, Kelburn

JULY 2023 HOLIDAY PROGRAMME KELBURN NORMAL SCHOOL

General Information: We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide quality childcare in safe and fun surroundings for children out of school. Our holiday programme is focused around sports, games, and outings to local attractions. Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid and activity planning/delivery.

Who can attend: Children aged 5-13 yrs

What do you need to bring: Shoes and appropriate clothing, jacket or sweatshirt, hat, drink bottle and food.

Food: Please bring plenty of packed food and drink for morning tea/lunch/afternoon tea. Lunch will be from approximately 12:30pm to 1:00pm each day.

Programme activities: Programme activities are adapted to suit children of all ages and children may be grouped by age depending on numbers. Programme activities may vary without notice dependent on weather conditions and programme numbers.

Payment details: Payment is required before the holiday programme begins. An invoice will be issued when a completed booking is received. All payment details will be included on the invoice.

Work and Income OSCAR Subsidy: Parents / caregivers that meet certain criteria will be able to access a WINZ subsidy to help cover the cost of our programme. For more information visit www.workandincome.govt.nz.

Please note: Every care will be taken to ensure the safety of your child/ren and their property. However, organisers of Kelly Club accept no liability for any injury sustained to your child/ren or any loss or damage to his/her property whilst at a programme. If your child/ren are collected late after the conclusion of the programme you will be charged \$20 per 15 minutes or part thereof.

WEEK 1	Mon 3 July	Tues 4 July	Wed 5 July	Thurs 6 July	Fri 7 July	
	ARCTIC EXPLORERS Join us for a daring Arctic adventure where we will find shelter from the biting cold and embark on a trek to reach the North Pole.	LASERFORCE Join us for an awesome trip day to Laserforce. Please remember a big lunch, drink bottle, shoes and a hat. \$18 extra for the day.	FIND THE GOLDEN TICKET It's World Chocolate Day! A day to celebrate the world's most loved treat! Where does chocolate come from? Come along chocoholics to find out.	TEN PIN BOWLING Join us for an awesome trip day to the lanes to play Ten Pin Bowling and then we are off to Te Papa! Please remember a big lunch, drink bottle, shoes and a hat. \$18 extra for the day.	MEDIEVAL MADNESS Step back in time and have heaps of fun with jousting sticks, mini catapults, and goblets plus some medieval super challenges!	
WEEK 2	Mon 10 July	Tues 11 July	Wed 12 July	Thurs 13 July	Fri 14 July	
				PUBLIC HOLIDAY		
	MID-WINTER XMAS Let's bring some winter cheer by having a mid-winter Christmas - USA Style! Have a holly jolly time as we celebrate together!	TOPSY TURVY TUESDAY Everything is inside out, upside down, back to front and topsy turvy this Tuesday! Embrace the silliness with our back to front and upside down fun!	MOVIE DAY - ELEMENTAL We are off to the movies to see 'Elemental' at the Penthouse Cinema! Please remember a big lunch, drink bottle, shoes and a hat. \$18 extra for the day.	MATARIKI CELEBRATION It's a time for reflection and celebration as the Māori New Year begins! We are going to share stories, make food to share and play some traditional Māori Games.	PUBLIC HOLIDAY Happy Matariki!	
	FULL DAY: \$59 8am-6pm	SCHOOL DAY: \$47 8:45am-3:15pm	HALF DAY: \$39 8am-1pm or 1pm-6pm	TRIP DAY: Extra \$18		



BOOK ONLINE NOW AT www.kellyclub.co.nz

KELLY SPORTS FOOTBALL HOLIDAY PROGRAMME!

Week 1 - Tues, Weds, Thurs, Week 2 - Tues, Weds, Thurs

9.30am-12.30pm

For children aged 5-12 years

Held in the Green Room (artificial turf) at the Wests Rugby clubrooms, Ian Galloway park, Wilton.

This programme is perfect for "Beginner's" and those wanting to find out more about the game and have fun. Come along and improve technique, knowledge and skills.

In this programme we will focus on the core skills of control, dribbling, passing, tackling and shooting but MOST importantly having as much FUN as possible!

KELLY SPORTS NETBALL HOLIDAY PROGRAMME

RAROA NORMAL INTERMEDIATE SCHOOL, JOHNSONVILLE

WEEK 1 TUES, WEDS, THURS 9AM-12PM.

Years 1-4

For Beginners, these sessions will work on improving basic netball skills and help start to develop technical and tactical knowledge in accordance with the Future Ferns Programme. Children will work towards the following skills: Passing, Shooting, Spatial Awareness and Defensive Skills.

Years 5-8:

These sessions will work on sharpening the basic skills - Passing and Shooting and we will start to develop a better understanding of the 7-side game and the different positional roles.

We will use fun drills and games to develop and challenge young players focusing on the key skill areas for their level of development while also having fun!!

KELLY SPORTS WARM UP WINTER SPORTS!!

The Kelly Sports sessions are a great way to improve your child's motor skills and coordination within a FUN environment. We aim to develop and enhance ball skills; catching, kicking and throwing, while improving strength, flexibility, hand/eye coordination and spatial awareness.

In Term 3 we will be focusing on the following sports: **Football, Hockey, Turbo touch and Mini Ball!**

We teach new skills and improve ability by using games, drills and exercises. It's a great way to try new sports, improve skills and maintain fitness – all while having FUN!

Wednesday's 3.05pm-4.05pm for 8 weeks.

Classes start in week 2 of term 3 .

To book for any programme go to www.kellysports.co.nz and in the school box put "Kelburn"

Community Notices

Waterside Karori AFC - Girls Winter Skills Centre

Get into football this winter! Waterside Karori AFC's new Winter Skills Centre programme is run by qualified club coaches, and representatives from the Wellington Phoenix women's programme. Sessions available for girls aged 8-14.

- \$50 for under 8s
- \$130 for ages 9-14

For more details, visit: www.karorifootball.co.nz/girls-skills-centre

Waterside Karori AFC | Swifts Talent Centre

FUN Sticks - FUN Sticks is an 8-week hockey programme designed for children aged 5-6 years (school Years 1 & 2)

2023 FUN Sticks will focus on individuals' movement and motor skill development, helping build a young person's physical literacy and preparing them for sport. Hockey skills will be taught through fun, games-based activities.

FUN Sticks offers

An introduction to hockey with an emphasis on having fun -

An opportunity to develop fundamental skills - running, dodging, striking -

A positive and quality coaching environment -

Full involvement for all participants -

Regular changes of activities to maintain enthusiasm and interest

A safe environment for all activities

Equipment required to play hockey (Hockey Stick & Ball) is provided -

We encourage parents to join in with kids if they want

Festival Day:

On the last week of the programme, there will be a festival day held at the National Hockey Stadium on the morning of Saturday 1st July. FUN Stick participants will be able to play games with players from different locations.

Please Note: There are no postponement days scheduled (excluding the festival day)

Where: FUN Sticks is run at the following locations across Wellington,

National Hockey Stadium (NHS), Wellington = 10:00 am – 11:00 am – Saturday starting 6th May

Hutt (Fraser Park) - 10:00 am – 11:00 am Saturday starting 6th May

Porirua (Elsdon Park) – 3:45pm – 4:45 pm – Tuesday 9th May

Kelburn (Kelburn Normal School) – 4:00 pm – 5:00 pm – Tuesday 9th

The cost for the 8-week programme is \$50.

Register using the following link for the Player registration system PlayHQ

<https://www.playhq.com/hockey-new-zealand/register/5a8236>

Please contact Regan Fricker, Development Officer (Umpires)

regan@wellingtonhockey.org.nz if you have any questions

KYOKUSHIN KARATE

WELLINGTON DOJO



**MONDAY &
WEDNESDAY**
6.00–7.30pm

SATURDAY
2.00–3.30pm

Advanced & Self defence classes by arrangement

FREE GYM MEMBERSHIP
CLUB KELBURN, 65 SALAMANCA RD

FIRST TWO WEEKS FREE!*

Traditional Kyokushin karate emphasising strength, discipline, self defence, weight loss, friendship and preparation for tournament.

Suitable for anyone 7 yrs - 70 plus

Give it a go! For More Information:

Sensei David Downes
027 4541 700

Sempai Sudhir Singh
021 1110 033

david.downes@xtra.co.nz sudhir.singh@ieee.org

www.wellingtonkyokushin.co.nz



BIG BANG SERIES DIRT DUATHLON

NAVIGATE ON FOOT AND BIKE, DAY & NIGHT

Join us for the Dirt Duathlon adventure race series 2023.

Race 1: June 18th – Horowhenua

Race 2: July 23rd – Greater Wellington

Race 3 (in the dark!): – August 19th – Kapiti

Grab your team and enter now!

www.dirtduathlon.co.nz



THE PJ PROJECT X SIX BARREL SODA CO

WARM DRINKS + COOKIES, SAY NO MORE!

The Kindness Collective's PJ Project is back and on a mission to provide warm winter pyjamas to kids who need them the most in Aotearoa. We're over the moon to be involved this year!

We will be collecting PJs for the entire month of June at our Cellar Door. You'll find on **Lukes Lane, 40 Taranaki Street, Wellington**, 1030am-330pm, M-F.

We politely ask that your collection meets these **guidelines** before dropping them off to us:

- Brand-new children's pyjamas only, please.
- Long sleeve, flannelette winter pyjamas.
- Size 0-16 with any colour, range, and brand gratefully accepted.

We're fundraising for

The PJ Project

Ask us how to help keep Kiwi kids warm this winter!

www.kindness.co.nz

To help as many kiddos as possible get warm this winter, we thought a little shindig at our Cellar Door must be in order!

We'll be serving **hot drinks and cookies** (by koha) on **June 7th, 10am-12pm**, while supplies last!

So come on down with a set of **new snuggly PJs** (if you're able to), your **reusable cup** to fill and enjoy a warm **Six Barrel Soda** bevy and a **cookie** kindly donated by **The Little Waffle Shop**.

All donations collected will be donated to The PJ Project on your behalf.

See you on 7th June!